

HOW TO SUCCEED: CAREERS AFTER PSYCHOLOGY & BEHAVIOURAL NEUROSCIENCE

Katherine Moore, Student Engagement Officer, Dept of Psych.

BA PSYCHOLOGY, ADV DIP. PHYSICAL FITNESS & LEISURE MANAGEMENT



THE UNIVERSITY OF BRITISH COLUMBIA

Department of Psychology





What can I do with an undergraduate degree in Psychology?

Workshop Overview

- My career journey
- Workforce structure
- Transferable skills
- Employment opportunities
- Navigating employment opportunities
- Gaining work experience
- Q&A

katherine.moore@ubc.ca

My Career Journey

- **Advanced Diploma in Physical Fitness & Leisure Management**
 - Supervisor at a gym / Personal Trainer
 - Boot camp/aerobics Instructor
 - Records Analyst, Cambrian College



My Career Journey

- **BA, Psychology**
 - Research: Lab Manager, Co-author, Research Assistant, Core Research Member
 - Board of Director
 - Co-founded non-profit organization
 - Behavioural Interventionist
 - Public Speaker
 - Health Promotion, PHSA
 - Now: Grant Facilitator and Student Engagement Officer, Department of Psychology

Workforce Structure

- **Sectors**
 - Non-profit
 - For profit
 - Government
- **Fields**
 - Health
 - Education
 - Technology
 - Social services
 - Business



Workforce Structure

- Law degree = Lawyer
- Medical degree= Doctor
- Counselling degree = Counselor
- Business degree / Accounting specialization = Accountant
- Psychology degree = ?

Ψ



Transferable Skills

- **Ask yourself: What have I learned?**
 - Concrete skills
 - Critical thinking
 - Database searching
 - Interpret and evaluate research
 - Content
 - Understand how biological, social and environmental factors influence behaviour
 - Understand and interpret the influence that various biomarkers have on behaviour
 - Interpersonal relations: increase agreeableness after given food



Employment Opportunities

- **Hospital / Health Care**

- Mental health worker; seniors, psychiatric patients, overnight mental health facilities
- Public education; developing and facilitating public workshops
- Recreational therapist

- **Social services**

- Volunteer coordinator
- Program assistant / coordinator

- **Entrepreneur**

- Life coaching
- You Tube personality
- Columnist / blogger

- **Government**

- Immigration case worker

- **Research**

- Lab manager
- Research coordinator
- Research assistant
- Grant facilitator

Employment Opportunities

- **Technology**
 - Biomedical wearable tech
- **Education**
 - Special education assistants
- **Business**
 - Office coordinator
 - Administrative assistant
- **Other**
 - Donation coordinator



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**Mental Health Worker 2**

Vancouver Coastal Health – Sechelt

**Community Mental Health Worker - Travailleur en services communautaires de santé mentale - Repo**

Winnipeg Regional Health Authority – Winnipeg

26 days ago

**Immigration Case Worker / Admin Assistant**

Green Tech Resources, Canada – Regina

12 days ago



EASY APPLY

**Community Mental Health Worker - Seniors**

Southern Health-Santé Sud – Portage La Prairie

6 days ago

**Mental Health Worker**

BC Children's Hospital – Vancouver

19 days ago

**Case Worker, Manitoba Floods Recovery Operations, Emergency Management (EM)**

Canadian Red Cross – Winnipeg

12 days ago

**Mental Health Worker 2**

3.6 ★

Vancouver Coastal Health – Sechelt

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Job

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Reviews

Job Description

Job Title: Mental Health Worker 2 **Work Site:** Chapman House - Sechelt, BC **Status:** Casual **Start Date:** As Soon As Possible **Salary:** \$22.38 - \$24.26 per hour **Hours:** various **Reference#:** 107389-bmc

JOB SUMMARY:

Within the context of a resident and family centered care model and in accordance with established vision and values of the organization, works as part of a multidisciplinary team in a residential setting with individuals with severe and persistent psychiatric illness living in a licensed group home. Participates in case planning with clients; interviews clients to identify problems and needs and works with clients to determine appropriate care. Acts as an advocate to assist clients in resolving conflicts and other problems with external organizations. Implements care plans, observes residents behaviour and symptoms, provides feedback regarding resident's needs, performance and progress. Provides supportive counselling, demonstrations, behavioural management to assist with the development of physical, social, emotional and life skills.

Jobs



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Job Type



Date Posted



Distance



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**Community Mental Health Worker - Seniors**

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**Mental Health Worker**

BC Children's Hospital – Vancouver

19 days ago

**Case Worker, Manitoba Floods Recovery Operations, Emergency Management (EM)**

Canadian Red Cross – Winnipeg

12 days ago

**Community Mental Health Worker 2 (Adult)**

Vancouver Coastal Health – Burnaby

16 days ago

**Psychology Assistant 3**

New York Civil Service – Canada

5 days ago



EASY APPLY

**Psychologist/Psychological Associate (Temporary)**

York Region District School Board – Aurora

24 days ago

**Community Mental Health Worker - Seniors**

Southern Health-Santé Sud

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Qualifications

- Graduate of an accredited post-secondary education in Health Related Social Sciences (e.g. BSW, BScMH, BScPN, BN, RPN). Other relevant educational qualifications and experience may be considered
- Active license and registration to practice as required by professional association and provincial legislation
- Certificate in Applied Suicide Intervention Skills (ASIST)
- Knowledge and understanding of all aspects of mental health service
- Advanced mental health psychosocial assessment skills and knowledge of appropriate evidence informed therapeutic counseling models, approaches and interventions
- Advanced knowledge of human developmental theory and mental health concerns typically identified for various populations across the age spectrum including signs and symptoms of mental illness
- Knowledge of recovery principles in the treatment of mental illness
- Knowledge and understanding of co-occurring mental health and substance use disorders
- Knowledge of commonly prescribed psychotropic medications for mental disorders across the age spectrum

Jobs



Canada

Search

Job Type



Date Posted



Distance



More



Create Job Alert

**Community Mental Health Worker - Seniors**

Southern Health-Santé Sud – Portage La Prairie

6 days ago



4.0 ★

**Mental Health Worker**

BC Children's Hospital – Vancouver

19 days ago



3.5 ★

**Case Worker, Manitoba Floods Recovery Operations, Emergency Management (EM)**

Canadian Red Cross – Winnipeg

12 days ago



4.0 ★

**Community Mental Health Worker 2 (Adult)**

Vancouver Coastal Health – Burnaby

16 days ago



3.6 ★

**Psychology Assistant 3**

New York Civil Service – Canada

5 days ago



2.5 ★

EASY APPLY

**Psychologist/Psychological Associate (Temporary)**

York Region District School Board – Aurora

24 days ago

**Mental Health Worker**

BC Children's Hospital



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Reviews

Qualifications**Education, Training and Experience**

- Grade 12, Certificate in Community Mental Health, and one year recent related experience or an equivalent combination of education, training and experience.
- **Valid Class 4 BC Driver's License.**
- Valid First Aid Certificate and current CPR certification.

Skills and Abilities

- Ability to organize work.
- Ability to supervise.
- Ability to deal with others effectively.
- Ability to communicate effectively both verbally and in writing.
- Physical ability to perform the duties of the position.



Vancouver, BC



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Advanced Job Search

Program Assistant, Mental Health & Substance Use

Vancouver Coastal Health ★★★★★ 61 reviews - Vancouver, BC

\$22.41 an hour

Work Site:

Segal: Joseph & Rosalie Family, Vancouver General Hospital

Status:

Regular Full Time

Start Date:

As soon as possible

Salary:

\$22.41 per hour

Hours:

1130-1930 Monday to Friday

Reference#:

108152-slo

JOB SUMMARY:

Within the context of a client service culture and in accordance with established vision and values of the organization, works as part of an interdisciplinary team to provide administrative/clerical support. Receives verbal/written referrals for new patients/clients, answers telephones and greets clients, coordinates patient appointments and responds to general inquiries. Arranges meetings and attends departmental meetings to record notes or take minutes. Sets up and maintains filing systems, maintains timekeeping records and completes on-line purchase requisitions for

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Vancouver Coastal Health

★★★★★ 61 reviews

Vancouver Coastal Health (VCH) is a world-class innovator in medical care, research and teaching. VCH provides a full range of direct and...



Vancouver, BC



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Advanced Job Search

Mental Health and Addictions Support Worker

PHSA ★★★★★ 55 reviews - Vancouver, BC

\$22.38 - \$24.26 an hour

As part of the provincial mental health services continuum, **BC Mental Health & Substance Use Services (BCMHSUS)** provides a diverse range of specialized, "one-of-a-kind" tertiary mental health and substance use services to adults across the province. These include services located at the Forensic Psychiatric Hospital and six regional clinics, the Burnaby Centre for Mental Health & Addiction, and Heartwood Centre for Women. In addition to delivering these clinical services, BCMHSUS provides provincial leadership for system-wide improvement through its work in: health promotion and illness prevention; knowledge exchange; and research and academic teaching.

BCMHSUS is an agency of the Provincial Health Services Authority (PHSA), which plans, manages and evaluates selected specialty and province-wide health care services across BC. PHSA embodies values that reflect a commitment to excellence. These include: **Respect people • Be compassionate • Dare to innovate • Cultivate partnerships • Serve with purpose.**

Mental Health and Addictions Support Worker

Reference # 74586

Status Regular Part Time – FTE 0.64

Wage \$22.38 to \$24.26

Mental Health Burnaby Centre, Burnaby

Job Summary:

The Mental Health and Addictions Support Worker provides support services to clients who are seriously affected by substance use and/or mental health problems. Monitors clients, documents and provides verbal reports on observations in accordance with standard procedures or specific direction, facilitates the use of community services and resources and provides information on community services, and liaises and coordinates services with mental health, addictions, medical professionals and other related services. Participates in the process of case planning, assists

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PHSA

★★★★★ 55 reviews

Provincial Health Services Authority (PHSA) is a publicly funded health service provider in the province of British Columbia. Other health...



Human Resources and Administrative Assistant

Columbia Containers LTD - Vancouver, BC

About Us

Strategically located on just over 20 acres of land on the Port of Metro Vancouver's (PMV) South Shore, Columbia Containers is Canada's largest growing container transloading facility.

Check our web site www.columbiacontainers.com for additional information.

About You

If you are an aspiring individual looking to capitalize on a career within Human Resources this opportunity is for you. It is an ideal chance for a professional individual to gain relevant Human Resources experience while continuing to grow and develop themselves in the HR field.

Join a cohesive team where you can make a difference within a professional but casual environment that has a healthy friendly culture and an office dog!!!

Summary

The Human Resources/Administrative Assistant performs a variety of confidential administrative and clerical support functions to the Human Resources department. You will perform key administrative and operational duties to support the Human Resources Manager; as well as, some general administrative duties for the general office and senior management team as needed. Well-developed communication skills are essential to the success of the role, as well as orientation to detail, objectivity and accuracy of information.

Key accountabilities include:

Human Resources Duties:

- Support the HR Manager in Recruitment process: posting and maintaining job advertisements on various job boards, receiving and screening applications, conducting

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Grain transloading and container depot services

Experience & Education

- 1 year of experience as an Administrative Assistant/Receptionist
- College Diploma or University Degree in Human Resources is an asset (or working towards completing)



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Advanced Job Search

Special Education Assistant

Pythagoras Acadmey - Richmond, BC

\$32,000 a year

Part-time

SPECIAL NEEDS EDUCATION ASSISTANT

Pythagoras Academy is an exceptional co-educational independent school for students Junior Kindergarten to Grade 7. Our school prides itself on a unique educational philosophy which champions the role of the Fine Arts. We believe in encouraging creativity in our students, and consider it to be one of the most valuable and transferable core skills.

We are currently looking to hire an Educational Assistant (PART-TIME) to provide educational and functional support to a student with mild special needs. The Educational Assistant will work with the homeroom teacher in the implementation of the educational, emotional, social and physical programs.

Passion and genuine love for teaching young children essential.

Job requirements:

Completion of a recognized program in special needs

Hours: 8:10 am – 3:30 pm

Compensation: \$32,000 per year (August 31st - June 30th)

Start date: August 31st, 2018

Job Type: Part-time

Salary: \$32,000.00 /year

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Advanced Job Search

Special Education Assistant

Tri-City Community Montessori Inc. - Port Moody, BC

\$17 - \$20 an hour

Part-time, Temporary

We are looking for a part-time (Monday & Thursday afternoons) Special Education Assistant to provide functional support for a 4 yr old girl with mild Special Needs. The facility is a Licensed Group Daycare in Port Moody and is located within a residential neighbourhood. The classroom is bright and friendly with daily outdoor activities. The SEA will work with the head teacher in the implementation of the Montessori Preschool curriculum, and provide emotional, social and physical support for the child. (Montessori education not mandatory but would be an asset)

Job Types: Part-time, Temporary

Salary: \$17.00 to \$20.00 /hour

Experience:

- Special Needs: 1 year (Required)

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OFFICE COORDINATOR



ORGANIZATION NAME	JOB CATEGORIES	POSITION TYPE	REGION AND LOCATION(S)	CAREER LEVEL	SALARY	AD ONLINE SINCE	APPLICATION DEADLINE
ArtStarts in Schools	Administrative / Clerical Support Accounting / Finance Facilities Management Volunteer Management / Coordination	Full Time	British Columbia – Vancouver	Experienced (Non-manager)	\$40,000 – 44,000	2018-08-31	2018-09-17



ORGANIZATIONAL DESCRIPTION

ArtStarts in Schools is a charitable organization that expands the role of art in education to activate learning for young people. Our collective need for creativity, empathy, and complex thinking is more acute today than ever before. By providing young people with access to arts-integrated learning experiences at school, we develop a generation that has the creative, collaborative and innovative skills necessary to live, lead and thrive in the 21st century.

JOB DESCRIPTION

ArtStarts is seeking an administrative professional, with a keen eye for detail and an ability to critically assess processes and identify inefficiencies. This position supports the administrative needs of the organization particularly in the areas of: finance & accounting, office administration and volunteer coordination. This role plays an instrumental role in deepening the organization's mission-driven impact.

ArtStarts is committed to being an equitable workplace. We encourage BIPOC, people who identify as LGBTQ2IA, and those living with a visible or invisible disability to self-identify on their application.

CAUSE MARKETING & PARTNERSHIPS OFFICER



Canuck Place
CHILDREN'S HOSPICE

ORGANIZATION NAME	JOB CATEGORIES	POSITION TYPE	REGION AND LOCATION(S)	CAREER LEVEL	SALARY	AD ONLINE SINCE	APPLICATION DEADLINE
Canuck Place Children's Hospice	Developmental Services	Full Time	British Columbia	Experienced (Non-manager)	N/A	2018-08-31	2018-09-28



For over two decades, Canuck Place Children's Hospice (CPCH) has made a significant difference in the lives of children with life-threatening illnesses and the families who love them. Be part of a talented and innovative team that takes pride in supporting and providing the highest quality pediatric palliative care.

IS THIS YOUR WORK PLACE CULTURE? Do you like to collaborate within a team, run with an idea? Do you like to be engaged and supported with your career goals and objectives and value making every moment count? At the end of the day, do you want to feel like your contribution has made a significant difference? If so, come work with us!

THIS IS YOUR PLATFORM. The Development Officer, Cause Marketing & Partnerships is responsible for generating annual revenue through the development of cause-marketing programs and new corporate and community based partnerships for Canuck Place Children's Hospice (CPCH). Strong focus will be placed on initiating cause marketing alliances that produce revenue to support the overall mission of CPCH. The Development Officer will help develop the vision and strategy for executing a cause marketing fundraising program that positions CPCH as a preferred charity of choice for major corporations, businesses and community partners.

EDUCATION AND EXPERIENCE REQUIRED. Post-secondary degree or diploma in a relevant discipline with a minimum of 3 years related professional experience in fundraising, sales or other revenue generating activities, including the development of cause marketing plans, budgets and the execution of these. An equivalent combination of education and experience will be considered.

QUALIFICATIONS.

- Knowledge of fundraising systems, structures and procedures.
- Proven success in cause marketing, annual campaigns or fundraising events.
- Sales skills with a passion for Lead Development.
- Excellent verbal and written English communication skills.
- Strong attention to detail.

FAMILY AND CRITICAL RESPONSE SPECIALIST



ORGANIZATION NAME	JOB CATEGORIES	POSITION TYPE	REGION AND LOCATION(S)	CAREER LEVEL	SALARY	AD ONLINE SINCE	APPLICATION DEADLINE
WorkSafeBC	Counselor: Family / Group Healthcare: Mental Health, Psychiatry, Psychology, Clinical Therapy Healthcare: Nursing Social Work	Contract – Full Time	British Columbia – Vancouver & Lower Mainland – Richmond	Experienced (Non-manager)	\$68,581 – 86,539	2018-08-31	2018-09-27

What you'll do

As a family and critical response specialist you will:

- Support and assess the needs of people distressed by a shocking workplace event, coordinating referrals to contracted mental health professionals
- Support injured workers and family members of deceased workers after a workplace accident, educating them about processes and assisting them through complex systems
- Support, educate, and guide members of the WorkSafeBC team as they deliver services to vulnerable and emotionally fragile people
- Coordinate support and training for staff who respond to shocking and distressing events
- Deliver presentations internally and externally about the unique services offered through our programs

Is this a good fit for you?

We're looking for someone who can:

- Draw on broad knowledge and experience in the mental health field to triage the needs of injured, grieving, distressed, or suicidal people
- Work as a member of a small team in a fast-paced and changing environment
- Take initiative to assess complex and emergent situations quickly and thoroughly, developing action plans that meet the needs of those involved
- Respond calmly and sensitively to people in crisis, resolving conflict while communicating respectfully
- Provide support to people who have experienced a death or shocking event, assisting them to process the experiences, access services, and navigate complex systems
- Communicate complex information in a way that is easy to understand
- Comfortably deliver presentations to small and large groups
- Provide after-hours crisis support to people in distress, as part of an on-call rotation (evenings and weekends)
- Be available for some travel throughout the province

Your experience and educational background

- A minimum of a bachelor's degree in a related discipline, including social work, psychology, or psychiatric nursing
- A minimum of six years of experience in the field of mental health
- A minimum of six years of experience that demonstrates a broad knowledge of family dynamics, grief, and trauma work
- Registration or eligibility for registration with a professional college or regulatory body

DEVELOPMENT COORDINATOR

ORGANIZATION NAME	JOB CATEGORIES	POSITION TYPE	REGION AND LOCATION(S)	CAREER LEVEL	SALARY	AD ONLINE SINCE	APPLICATION DEADLINE
Vancouver Botanical Gardens Association	Fundraising / Giving Event Coordination	Full Time	British Columbia – Vancouver & Lower Mainland	Experienced (Non-manager)	\$35,000 – 37,500	2018-08-31	2018-09-14



Vancouver Botanical Gardens Association

Job Posting: Development Coordinaton

The Vancouver Botanical Gardens Association (VBGA) raises funds to support programs and activities at VanDusen Botanical Garden and the Bloedel Conservatory. With a mission to engage people in the importance of biodiversity to our lives, and to foster a lifelong love of plants and gardens. The Development Department raises funds from annual, major and planned gifts through direct mail, special events and moves management.

Position Overview:

Reorting to the Director of Development, the Development Coordinator is responsible for helping coordinate various aspects of the VBGA's Development program and promote a culture of philanthropy. This is a front line position with a great emphasis on customer service and donor relations.

Responsibilities:

- Processing donations and constituent information by accurately entering data into our CRM (Donor Perfect), running reports, and exporting data into external software programs.
- Cultivating and stewarding relationships with our donors – answering enquiries, making thank you calls and attending special donor events
- Securing and fulfilling donor benefits
- Coordinating all aspects of the direct mail program
- Helping in moves management – performing research, preparing files, mailings and tax receipts
- Liaising with the Education, Volunteer, Membership departments
- Facilitating the updating of Development information on our website and social media
- Handling donor concerns in a prompt, friendly and professional manner

Qualifications

Education and Experience:

- Post-secondary degree

FUNDRAISING ADMINISTRATOR



ORGANIZATION NAME	JOB CATEGORIES	POSITION TYPE	REGION AND LOCATION(S)	CAREER LEVEL	SALARY	AD ONLINE SINCE	APPLICATION DEADLINE
One Girl Can	Administrative / Clerical Support Event Coordination Fundraising / Giving	Full Time	British Columbia – Vancouver & Lower Mainland – Coquitlam	Entry Level	N/A	2018-08-31	2018-10-29

What you offer...

- Minimum 2 years' experience in a high-paced administrative role
- Advanced computer skills; knowledge of Microsoft Office and Windows based computer application and database management (E-Tapestry)
- Highly organized, analytical, detail and results-oriented
- A self-starter with excellent organizational and problem-solving skills
- Ability to work independently and be pro-active
- Knowledge of principles and practices of NGO / Fundraising an asset
- Experience with Adobe Suite including Photoshop and InDesign an asset
- A passion for the advancement and empowerment of women, particularly in underdeveloped countries such as Africa

PROGRAM COORDINATOR

ORGANIZATION NAME	JOB CATEGORIES	POSITION TYPE	REGION AND LOCATION(S)	CAREER LEVEL	SALARY	AD ONLINE SINCE	APPLICATION DEADLINE
Canadian Association of People who Use Drugs	Program / Project Management Community Outreach Education: Teaching / Training Policy Development	Contract – Full Time	British Columbia – Vancouver	Experienced (Non-manager)	\$45,000 – 47,000	2018-08-23	2018-09-07



Roles and Responsibilities

As Program Coordinator, responsibilities include:

Operational Management

- Sharing and maintaining ongoing communication of CAPUD activities with and among the local and national drug user group/members, CAPUD's Board of Directors, and any other CAPUD staff/volunteers.
- Attending meetings with CAPUD Board of Directors and coordinating regular meetings with local members (and possibly CAPUD national Working Group).
- Working with CAPUD's ED to develop and deliver three-year project.
- Strategizing with Executive Director about campaigns and events.
- Hosting a CAPUD table at events.
- Membership recruitment and volunteer coordination.
- Producing reports, including information for CAPUD's annual report.
- Hosting and facilitating monthly national teleconferences for CAPUD's general membership.

Event Planning

- Responsible for coordinating events, planning for annual general meeting, meetings with the Federal government and in-person strategy meetings.

Public Relations

- Coordinating annual CAPUD community engagement and awareness activities including, but not limited to: International Overdose Awareness Day, International Harm Reduction Day, National Day of Action, etc.

Qualifications

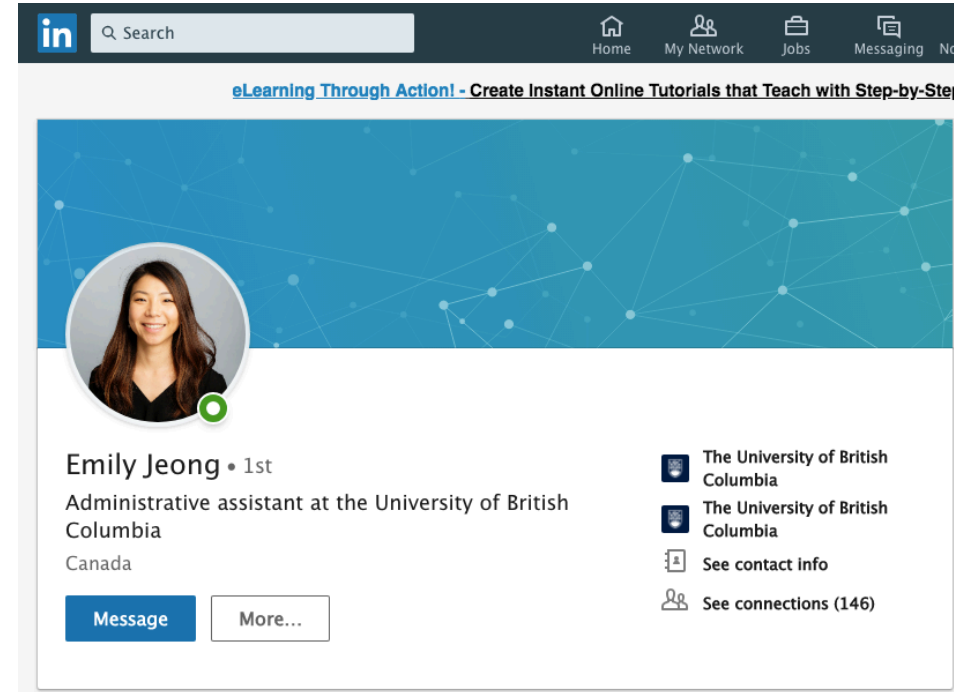
- Person who use(d) illegal drugs.
- Experience with grassroots activism and organizing.
- Bachelor's degree or equal relevant work experience.
- Experience working within the not-for-profit sector.
- Courage to assert the human rights of people who use drugs.
- Knowledge of relevant government health strategies such as opioid working groups.
- Broad knowledge of harm reduction issues and best practices.
- Demonstrated ability to function as team member, leader, and facilitator.
- Demonstrated ability to organize and prioritize workload.
- Demonstrated ability to work both independently and collaboratively.
- Demonstrated ability to communicate effectively, both verbally and in writing.
- Demonstrated ability to analyze and present data effectively.
- Demonstrated ability to work under pressure in a changing environment.
- Computer literacy to operate file sharing, word processing, presentation, spreadsheet, Internet, and e-mail software.
- Graphic design and experience with Adobe Photoshop an asset.

Employment Opportunities

- **Look for**
 - Support worker
 - Program assistant / coordinator
 - Phrase “...or equivalent combination of education and experience”
- **Avoid**
 - Licensed
 - Clinician

Navigating Employment Opportunities

- **LinkedIn: UBC Psych/BNS alumni**
- **Indeed Jobs**
- **Glass Door**
- **Charity Village**
- **Network!**



How to Gain Work Experience

- Arts/Science Co-op
- Volunteer
- Entry level positions

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From educated to employed, we work with diverse community partners and sectors to provide students with

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Questions?